

Lunch Menu Prepared Especially For Maryland International Day School October 2016

Student Menu

Name: _____

Grade: _____

Cost \$5.50 per day for October

Full Month (19 DAYS) \$99.75

Payment must be received on or before
the **September 15th.**

Check:

- Make checks payable to Karen's Katering.
- Returned checks will incur a \$25.00 fee

Credit Card:

- Payments thru Paypal @ <http://sites.google.com/site/midshotlunch>

E-mail: karengantt@yahoo.com

Phone: 301-523-0060

Students requesting Salads or Sandwich please circle on the menu and return menu with payment.

*Mac-a-beef, macaroni with pasta meat sauce

**Salad Meal – Tossed salad greens with tomato, cucumbers, carrots, cheese, egg & meat (tuna/grilled chicken/chef) or Chicken Caesar Salad

Mon	Tue	Wed	Thu	Fri
3 Mac-a-beef* or Cold Sandwich Broccoli, Garlic Bread Fruit & milk Or **Salad Meal	4 Chicken Stir Fry or Cold Sandwich, Rice, Mini Egg Roll, Fruit & Milk Or **Salad Meal	5 Steak & Cheese or Cold Sandwich, Fries, Salad Fruit & Milk Or **Salad Meal	6 Fish or Cold Sandwich Rice, Peas Milk & Juice Or **Salad Meal	7 Teacher In-Service No School
10 COLUMBUS DAY NO SCHOOL	11 Chicken nuggets or Cold Sandwich Mashed Potatoes Green beans/Fruit & milk Or **Salad Meal	12 Tacos w/lettuce & cheese or Cold Sandwich Ana Rice Cookies/Fruit & milk Or **Salad Meal	13 Spaghetti w/ meat sauce or Cold Sandwich Garlic Bread/Broccoli/Fruit & milk Or **Salad Meal	13 Pizza or Cold Sandwich Salad cookies/Fruit & Milk Or **Salad Meal
17 Chicken Patty or Cold Sandwich Fries Salad, Fruit & milk Or **Salad Meal	18 Chicken Fettuccine or Cold Sandwich Broccoli, Garlic Bread Fruit & Milk Or **Salad Meal	19 Fried Chicken or Cold Sandwich Rice, Greens Juice & Milk Or **Salad Meal	20 Hot Dogs or Cold Sandwich Baked beans/ Veggies & dip/Fruit & milk Or **Salad Meal	21 Chicken BBQ Sandwich or Cold Sandwich Fries Cole Slaw Fruit & Milk Or **Salad Meal
24 Tacos w/lettuce & cheese or Cold Sandwich Corn Cookies/Fruit & milk Or **Salad Meal	25 Penne Pasta or Cold Sandwich Veggie Mix, Garlic Bread Jello & Milk Or **Salad Meal	26 Soup & Sandwich or Cold Sandwich, Salad, Jello & Milk Or **Salad Meal	27 Chicken nuggets or Cold Sandwich Rice, Peas, juice & milk Or **Salad Meal	28 Pizza or Cold Sandwich Salad cookies/Fruit & Milk Or **Salad Meal
31 Hamburger & cheese or Cold Sandwich Fries/ Salad/Juice & Milk Or **Salad Meal	27	28	29	30 <i>Blaise Hays Paid.</i>